

# Women's Information Network of Saskatchewan (WIN-S)

## February-March 2012 Newsletter

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#### 1. Events and Opportunities

- February 24 and 25 → Permaculture Regina hosts Rob Avis (Regina, SK)
- February 25 and 26 → Open House: Practical Applications in Renewable Energy (Cut Knife, SK)
- February 29 → Lecture by Mary Eberts: "Canada's Ministry of Aboriginal Assimilation and Private Property Development: Still Colonizing After All These Years" (Regina, SK)
- March 1 – 31 → International Women's Day events (various locations, SK) For information contact Saskatchewan Status of Women Office, Ministry of Social Services, 1920 Broad Street, Regina, SK, S4P 3V6, Tel: (306) 787-7401, Fax: (306) 787-2058, Email: [status.women@gov.sk.ca](mailto:status.women@gov.sk.ca). Website: <http://www.socialservices.gov.sk.ca/funding-grants>
- March 3 → SwitchFocus IWD Celebration (Regina, SK)
- March 8 → International Women's Day Event: Women's Reproductive Health, Local and Global (Regina, SK)
- March 8 → Celebrating the Arts for International Women's Day (Regina, SK)
- March 18 – 19 → Spring Equinox Event featuring Starhawk (Regina, SK)
- March 26 → WIN-S Seminar: Building Basic Internet Skills and Knowledge (Multiple locations; Swift Current, North Battleford, Regina, more locations to be announced)
- Monthly → Business and Professional Women Meetings and Seminars (Regina and Saskatoon, SK)
- Opportunities to Participate in Farm Research (large family farms, farmland investment funds)
- May 10 – 11 → Women Entrepreneurs of Saskatchewan, 2012 Annual Business Conference & AGM, "Business Solutions for Success" (Regina, SK)
- May 12 → WIN-S AGM (Regina, SK, with cars coming from southwest, northwest, east-central SK)
- June 1-2 → Saskatchewan Women's Institutes 2012 General Meeting, "Moving Together into a New Era" (Fort Qu'Appelle)



#### 2. News, Reports, and Publications

- WIN-S Chair to attend United Nations Commission on the Status of Women (focus: rural women)
- PWHCE Report: Food Insecurity in Saskatchewan
- Access to Maternity Services for Rural Women
- Rural Youth and Violence: A Gender Perspective

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## EVENTS AND OPPORTUNITIES

FEBRUARY 24 AND 25  
REGINA, SK  
PERMACULTURE REGINA HOSTS ROB AVIS

### Permaculture: A Fast Growing Movement for Positive Change (Workshop and Talk)

An exciting opportunity to attend a workshop and hear an excellent speaker!

**Free talk : Fri Feb 24 ,7-9 pm**, Cathedral Neighbourhood Centre, 2900 – 13th Avenue, Regina  
**Workshop : Sat Feb 25 , 9 am – 4 pm**, Room 106, U of R College Avenue bldg., 2100 block College Ave., Regina

See our Facebook page: "Permaculture Regina"

#### Workshop Fees

Before Feb 10: Student - \$50, Regular - \$90

After Feb 10: Student - \$75, Regular - \$115

Register by Feb 21 to ensure your spot.

By phone: (306) 535-9570

By e-mail: [permaregina@gmail.com](mailto:permaregina@gmail.com)

In-person at: Eat Healthy Foods, 3030 12th Ave, Regina (306) 522-4167

Is cost an issue? Don't let that stop you – we'd love to talk to you about ways to make this work for you.

#### Permaculture: A Fast Growing Movement for Positive Change

Many people today are keenly aware of a need for change and care deeply about the planet and their communities but feel powerless to do anything to make a difference. However, when informed about a diverse and deepening scope of positive, practical & effective solutions people become inspired and empowered change-makers in their communities.

Permaculture Regina is pleased to present Rob Avis of Verge Permaculture. He will discuss the fundamentals of permaculture ethics, principles and design methodology and how it can be applied to:

- improve your home & backyard while saving resources and building a healthy place for family, friends and community;
- build resilient communities patterned after ecological principles; and
- assemble landscapes that clean water, use less energy, provide healthy organic food, save

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money and contribute to a healthy ecology.

Whether your interest is gardening, building homes, community work, economic regeneration, education, health, planning, business or green lifestyles, the application of permaculture design provides positive solutions towards a sustainable future.

### **Rob Avis**

Rob Avis and his wife Michelle run the Calgary-based consulting & education company, Verge Permaculture which specializes in creating sustainable human environments using whole-systems philosophies and working with nature.

For more information about permaculture please visit

[www.vergepermaculture.ca](http://www.vergepermaculture.ca)

**FEBRUARY 25 AND 26**

**CUT KNIFE, SK**

**OPEN HOUSE: PRACTICAL APPLICATIONS IN RENEWABLE ENERGY**

### **You're Invited: Come see how to PARE your energy**

Evacuated Solar Tube Heating  
Small Wind Turbines  
Structurally Insulated Panel Building

Open House – Hourly Tours

February 25 → 10 a.m. to 5 p.m.

February 26 → 1 p.m. to 5 p.m.

Cut Knife, SK

Directions to Pedersen Apiaries: 13 km north of Junction Hwy 40 and Hwy 21 S (Wilbert),  
5 km west, 2 km north.

Sponsored by Pedersen Apiaries, Saskatchewan EcoNetwork, and the NFU.

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FEBRUARY 29  
REGINA, SK  
LECTURE BY MARY EBERTS

Mary Eberts

**"Canada's Ministry of Aboriginal Assimilation and Private Property Development: Still Colonizing After All These Years"**

7:00 p.m.

RIC (Research and Innovation Center) #119, University of Regina

Mary Eberts is the Ariel F. Sallows Chair in Human Rights at the College of Law, University of Saskatchewan.

MARCH 3  
REGINA, SK  
SWITCH FOCUS IWD CELEBRATION

**CELEBRATE THE 101<sup>st</sup> ANNIVERSARY OF International Women's Day**

**SATURDAY MARCH 3, 2012  
1:00 TO 4:00 PM**

United Way Community Room  
1440 Scarth Street, Regina

*Theme: OIL IN YOUR LAMP*

Guest speakers:

**Cadmus Delorme-President, Students Assoc. at FNUC**  
**Dr. Brenda Anderson**—Religious Studies Instructor, Luther College (U of R)  
Music by **Wendy Daku**

Free Admission. Child care & refreshments will be provided.

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Sponsored by Switch Focus with a grant from the Status of Women Office.

Switch Focus is a non profit organization working to voice the views of women regarding poverty and injustice and to create positive change in society.

For more information, contact Terri Sleeva at (306) 545-7378  
or e-mail - [k.t.sleeva@sasktel.net](mailto:k.t.sleeva@sasktel.net)

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**MARCH 8  
REGINA, SK  
INTERNATIONAL WOMEN'S DAY EVENT  
WOMEN'S REPRODUCTIVE HEALTH: LOCAL AND GLOBAL**

## **Women's Reproductive Health: Local and Global**

Language Institute Theatre (LI 215), University of Regina  
March 8  
1 p.m. to 4 p.m.  
Free admission

Screening of the film *No Woman, No Cry* (2011)  
Speaker: Planned Parenthood

Free refreshments

**MARCH 8  
REGINA, SK  
CELEBRATING THE ARTS: INTERNATIONAL WOMEN'S DAY**

## **Celebrating the Arts**

The Artesian  
March 8  
7:30 p.m. (doors open 7 p.m.)

For tickets, email [bprintink@sasktel.net](mailto:bprintink@sasktel.net)

Intercultural Grandmothers Uniting  
Sacred Web Sask  
Brenda Niskala  
Susanna Deranger  
Mirtha Sepulveda  
Cassidy McFadzean  
Kris Brandhagen  
Belle Plaine  
Tara Solheim  
All Beings Confluence Art Installation  
& More

All proceeds to the Provincial Association of Transition Houses and Services of Saskatchewan  
[www.abusehelplines.org](http://www.abusehelplines.org)

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306.522.3515

[paths.services@sasktel.net](mailto:paths.services@sasktel.net)

Tickets by donation, \$50 suggested

Cash bar

Produced by

@thereginamom

thereginamom.com

306.550.7023

**MARCH 18 AND 19**

**REGINA, SK**

**SPRING EQUINOX EVENT: STARHAWK**

The University of Regina Women's Centre and Women's and Gender Studies presents:

**Starhawk**

## **Event #1**

### **Tar Sands Workshop taught by Starhawk**

Spirit and Activism

How do we keep our spirit strong when we face the devastation of the environment around us, and the assaults on the lands and culture that have been our source of strength? How do we mobilize the energy and hopefulness to sustain our activism, and the creativity to envision the possibilities of transformation? In this workshop, we acknowledge our grief and rage, and explore ways to move through them, to support one another and to develop clear strategies for moving forward.

Date: March 18<sup>th</sup>

Time 1:00-5:00 pm

Location: Cathedral Neighborhood Centre, 2900 13<sup>th</sup> Ave, Regina

Limited spaces, contact UofR Women's Centre to register – no cost

Phone (306) 584-1255

Email: [wc@ursu.uregina.ca](mailto:wc@ursu.uregina.ca)

## **Event #2**

### **Spring Equinox Ritual led by Starhawk**

Spring-when day and night are in balance, light and warmth are returning. Soon seeds will begin to sprout and trees to blossom. However grim the struggle, spring brings renewed energy and inspiration. Celebrating the time of balance together, we can renew our own resilience and hope as we

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work to end the ongoing ecological and social destruction and bring about regeneration for ourselves, our communities and the land.

Date March 19<sup>th</sup>

Time 11:00 -12:30

Location: (Outside, weather permitting or Atrium) First Nations University  
Open

### Event #3

#### Keynote Starhawk

#### **"The Environmental Costs of Tar Sand Development: Building Mordor"**

James Hansen, NASA climate scientist, has said that if we fully exploit the tar sands, it's 'game over' for the climate. Yet against the will of indigenous communities, environmentalists and concerned locals, the destruction continues. What lessons can we learn from other movements that might help us strengthen our ability to take strategic action against the tar sands? How can we deepen our international collaboration? And how do we create a nurturing, supportive activist culture to help sustain us in this struggle? Starhawk shares stories from four decades of activism.

Date: March 19<sup>th</sup>

Time 6:30 – 8:30

Reception and Book signing to follow 8:30-9:30

Location: Luther Auditorium, Luther College

Parking: Luther College Lot 3 M area

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**MARCH 26  
EVERYWHERE!  
WIN-S SEMINAR: "BUILDING BASIC INTERNET SKILLS AND KNOWLEDGE"**

**Celebrate International Women's Day 2012 by building your online communication skills and knowledge!**

**Learn how you can use e-mail, Skype, Facebook, and other online tools to spread news about your organization!**

Join the Women's Information Network – Saskatchewan (WIN-S) for an online seminar, or "webinar"!

**You don't need any internet knowledge – or even a computer – to join us!**

Public webinars will be held in the following locations: Swift Current, Regina, and North Battleford. Computers will be available.

Free admission.

Swift Current: March 26, 7 p.m., Swift Current Library

Regina: March 26, 7 p.m., GA 106, Lifelong Learning Centre, 2155 College Avenue (College Avenue & Cornwall Street)

North Battleford: Details to be announced, please check [www.winsask.net](http://www.winsask.net) for updates or call Amber at (306) 502-0115.

**Or...host a webinar in your own location!** All you need is a computer, a high-speed internet connection, and a few friends. To learn more about hosting, call Joanne at 306-535-9570 or email [winsask@gmail.com](mailto:winsask@gmail.com)

The seminar will begin with a brief but fascinating history of women's communication on the Canadian prairies! Happy IWD!

Please check our website for updates and new locations: [www.winsask.net](http://www.winsask.net)

Thank you to our sponsors and partners: Status of Women Office Saskatchewan, Association of Professional Engineers and Geoscientists of Saskatchewan (APEGS) Equity & Diversity Committee, the Lifelong Learning Centre, and the Farm Leadership Council.



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<p><b>MONTHLY DINNER MEETINGS REGINA, SK BUSINESS AND PROFESSIONAL WOMEN</b></p>
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### **Business and Professional Women's' Organization - Regina**

BPW Regina holds dinner meetings each month from September through June, usually on the third Monday of the month. Each meeting includes a speaker or a panel of speakers chosen to enlighten or educate our members.

Location: Seven Oaks Conference Centre in Regina

Networking 5:15pm

Dinner/Event/Guest Speakers 6:00pm

Dinner Meeting Cost: \$25 Guests and Members

RSVP by the Thursday prior to the event to Karen Meban [via email](#) or by calling 569-6389.

March 19, 2012: Colour Spectrum

April 16, 2012: Gardening Goddesses

May 21, 2012: What Not to Wear

June 18, 2012: Year-end wrap up

For more information <http://www.reginabpw.org/>

### **Business and Professional Women's' Organization - Saskatoon**

Mar 8, 2012: International Women's Day Dinner & Awards, TCU Place (Grand Salon), 35 22<sup>nd</sup> Street East, Reception 5:15, Dinner 6:00, Keynote: Debbie Travis, Athena Award ® and Athena Young Professional Leadership Award. TD Waterhouse Aboriginal Bursary & BPW Saskatoon Educational Bursaries, Tickets \$90, Corporate tables \$640.

Apr 3, 2012: Doris Hall, BPW Canada President, "Women's Empowerment Principles - Equality Means Business" and "The Keys to Achievement", The Saskatoon Club, Meet & Greet: 5:15pm, Dinner: 6:00pm, Meeting: 7:00pm, Dinner fees: \$25 for members, \$30 for non-members.

May 1, 2012: New Member & Member Recognition Ceremony (See Apr 3 for times and location)

Jun 5, 2012: Annual General Meeting (See Apr 3 for times and location)

For more information <http://www.bpwsaskatoon.com/events.html>

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<p><b>OPPORTUNITY TO PARTICIPATE IN FARM RESEARCH PRAIRIE PROVINCES</b></p>
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### **Opportunity #1: Research about Large Family Farms**

I am conducting a university research project on changing patterns of farmland ownership, farm structure, and corporate investment in agriculture in the prairie region. As part of this research I am interested in learning about the social characteristics, organization, and business strategies of very-large, family-owned farming enterprises. Is your operation over 5000 acres, family owned, and incorporated? Is your operation vertically integrated into two or more links in the supply chain (e.g., inputs, production, and marketing)? If yes, I would like the opportunity to interview you. If you are interested, please contact me at the following coordinates:

André Magnan, Department of Sociology and Social Studies, University of Regina  
Phone: 585-4863  
Email: [andre.magnan@uregina.ca](mailto:andre.magnan@uregina.ca)

### **Opportunity #2: Research about Farmland Investment Funds**

I am conducting a university research project on changing patterns of farmland ownership, farm structure, and corporate investment in agriculture in the prairie region. As part of this research I am interested in learning about new business relationships between farmers and farmland investment funds or corporate farming enterprises. Are you currently leasing or renting land from a farmland investment fund? Are you currently leasing or renting land to a corporate farming entity? If yes, I would like to opportunity to interview you. If you are interested, please contact me at the following coordinates:

André Magnan, Department of Sociology and Social Studies, University of Regina  
Phone: 585-4863  
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**MAY 10 AND 11**

**REGINA, SK**

**WOMEN ENTREPRENEURS OF SASKATCHEWAN, 2012 ANNUAL BUSINESS CONFERENCE & AGM  
"BUSINESS SOLUTIONS FOR SUCCESS"**

Regina Travelodge Hotel.

Thursday, May 10th, 2012, 6:30 pm, motivational comedian.

Friday, May 11th, 8 am, Dragon's Den participants, women's success coach.

Early bird price (until April 2, 2012): \$179 + GST, full WES Members: \$149 + GST. After April 2: \$209 + GST, Full Members: \$179 + GST.

For more information phone 1-800-879-6331, email: [info@womenentrepreneurs.sk.ca](mailto:info@womenentrepreneurs.sk.ca), web site: <http://www.womenentrepreneurs.sk.ca>

**MAY 12**

**REGINA, SK**

**WOMEN'S INFORMATION NETWORK OF SASKATCHEWAN (WIN-S)  
ANNUAL GENERAL MEETING**

The Women's Information Network of Saskatchewan (WIN-S) is holding its AGM!

This year's AGM will be held in Regina on May 12.

Times and location to be announced. Please check our website for updates: [www.winsask.net](http://www.winsask.net)

**JUNE 1-2**

**FORT QU'APPELLE, SK**

**SASKATCHEWAN WOMEN'S INSTITUTES 2012 GENERAL MEETING, "MOVING TOGETHER INTO A NEW ERA"**

Friday June 1, 1:30 PM to Saturday June 2 2:30 PM.

Calling Lakes Centre, Fort Qu'Appelle.

Tours, speakers, Friday evening banquet, comedy hour and singalong.

Weekend registration \$80. Separate banquet tickets available. For information contact Marian Ogradnick (306) 332-6751, Box 1551, Fort Qu'Appelle, SK, SOG 1S0, [marianogradnick@hotmail.com](mailto:marianogradnick@hotmail.com) or Doreen Harman (306) 332-5228.

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## NEWS, REPORTS, AND PUBLICATIONS

### WIN-S CHAIRPERSON TO ATTEND UNITED NATIONS

Amber Fletcher, Chair of the Women's Information Network – Saskatchewan (WIN-S) will join Canada's NGO delegation to the United Nations Commission on the Status of Women (UNCSW) from February 27 to March 9.

Amber is a doctoral candidate at the University of Regina. Her research focuses on how farm women are affected by changes to agricultural policy and climate extremes like drought and flood.

This year's UNCSW theme is rural women. If you would like to speak with Amber about these issues and provide input for the UNCSW or her research, please email [amber.fletcher@uregina.ca](mailto:amber.fletcher@uregina.ca)

### PWHCE REPORT: FOOD INSECURITY IN SASKATCHEWAN

#### Recipes for Food Insecurity: Women's Stories from Saskatchewan

A 2011 report from the Prairie Women's Health Centre of Excellence (PWHCE) What does food insecurity look like in Saskatchewan? PWHCE's report, *Recipes for Food Insecurity: Women's Stories from Saskatchewan*, explored how food insecurity, policies and programs affect women's health and well-being. <http://www.pwhce.ca/recipesFoodInsecurity.html>

### REPORT: ACCESS TO MATERNITY SERVICES FOR RURAL WOMEN

#### "Distance Matters: Rural Parturient Women who have to Travel to Access Maternity Services have Increased Rates of Adverse Perinatal Outcomes"

This 2011 study examined how the distance to maternity services affects health outcomes for women and their newborns in British Columbia. The study found that women who must travel to access maternity services have increased adverse effects. <http://rural-research-network.blogspot.com/2011/08/studiesetudes-access-to-maternity.html>

### REPORT: RURAL YOUTH AND VIOLENCE, A GENDER PERSPECTIVE

<http://rural-research-network.blogspot.com/2011/08/studiesetudes-rural-youth-and-violence.html>

This is a study of rural violence from a gender perspective, which examined the views of 178 central Alberta students in grades 6 to 12. The study found that violence exists amongst rural youth, and found gender differences in their understandings of violence.